

Sare Relief
 SLOW DEATH
Aches, pains, pervouspess, diffi-
culty in orinating, offen mean
beprous disorders. The worlds
standard remedy for kioney, Hiver,










## WOMEN NEED SWMPP-RODT



$B y$
KATHLEEN NORRIS





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spirin" without sayiny "Bayer"
Uniess you sec name" "Bayer" on tablets, Walking! bnecss you sec name Bayer on hat
you are not gettagy genuine Aspirin prescribed by
physicians over 21 years and proved safe by milions for

Colds Headache Rheumatism
Toothache Neuralgia Neuritis
Earache Lumbago Pain, Pain


What Kind of a Day
Do You Wish Yourself?
Suppose you could make a wish at the
breakrast table and firully have the wish conae true. Would you say. willing for this day to drag along?
If you kecp on wishing your days with
food you eat, finatly the wish is likely to rouse.

Grape-Nuts helps your wist for a good day.
Nothing miraculous; just the natural resulk from right food with the right taste
There is a charm of flavor and erispness
In Grape-Nuts that is tike the sriile of a good friend at ule breakfist tuble-
And Gmpe.Nuts, with cream or milk (fresh and glands, the bone and blood. with just thasse elernents which Nature requires - building trength without any "heaviness."

Grape-Nuts is the perfected goodness of Wheat and malted bariey, sciemifically developed -ready to eat from the package. A Grapo-Nuts
brealfast or lunth is a practical with for good luck.
"There's a Reason"





